# The MEWSLETTER

November 2020, Issue 20



Autken Spence Houels

LIFESTYLE



## **TURYAA CHENNAI**







WEDDINGS AT TURYAA

The month that carries the festival of lights brings us new hope for a brighter future. With more ease on lockdown restrictions, we have noticed joy being restored among the nation slowly but surely. The battle is still being fought and won every passing day. Turyaa Chennai has brought forth exciting offers and packages for you to spend quality time with your friends and family with safety procedures in line with local and international guidelines. We have also kept all the cricket fans in mind while curating our offers for stay and dining. At Turyaa Chennai 'Where Life Happens', it happens with great safety and enhanced hygiene protocols; as your safety is our priority.

SHORT BREAK PACKAGE

- Enjoy our exclusive Mista Hour offers on selected cakes and pastries
- We promise the best rates available at check-in under the 'Best rates guaranteed' policy
- Check in to Turyaa Chennai to celebrate your cricket fever with the Strategic Timeout package
- cozy up with your partner with the 'Short Break' package with unimaginable inclusions
- Swing by and enjoy TuryaaHour at TWIST lounge bar for exclusive offers.
- For your happily ever after, have your dream weddings at Turyaa Chennai with all the safety and hygiene
- protocols in place .

Get constant updates on the hotel's activities on our social media channels. Log on to:

- https://www.facebook.com/TuryaaChennai/
- https://www.instagram.com/turyaachennai/
- https://www.facebook.com/ASHotelsSrilanka/
- https://www.instagram.com/aitkenhotels/

### A MESSAGE FROM THE GENERAL MANAGER

The month of October was a ray of hope we all needed. It brought in more hope and change in the current situation. We witnessed our extended family visiting us on a regular basis for our great deals and hospitalit. It brings us great pleasure in serving our guests with utmost safety procedures, which has brought us through the new normal stronger than ever before

With the birth of the month of festivity and light we expect much better news. We would also like to thank all our loyal readers and guests for all the support extended to us.

Have a great festive season.

Stay Safe!







Sunil Tandon



### **RECIPE TO TRY AT HOME**

#### **Detox made berry easy**

With festive days around the corner, it is very important to detox the body of toxins from lavish dinners and gatherings. What better way to make it easier than doing it with our favourite combination of strawberry and cinnamon

#### Ingredients

- 7-8 strawberries
- 1 cinnamon stick
- Few mint leaves
- 500ml water

#### Method

- Cut the strawberries in half and toss them into a jar
- Throw in some mint leaves and a cinnamon stick
- Pour a litre of water into the jar
- Keep it in the fridge overnight.
- Drink it cold to rejuvenate your body



### **CERTIFIED HOTEL FOR SAFETY AND HYGIENE**

### SAFETY CERTIFIED





BUREAU VERITAS FSSAI SAFETY



#### DELOITTE





SAATHI RESTAURANT GURU

3	PARIKSHA	
	Empowering society through science	
	PARIKSHAN	

LIFESTYLE Preferred





# **KNOW MORE**

### CHILDREN'S DAY

Children's Day is celebrated across India to increase awareness of the rights, care and education of children. It is celebrated on 14 November every year as a tribute to India's First Prime Minister, Jawaharlal Nehru. Fondly known as Chacha Nehru among children, he advocated for children to have fulfilled education. Nehru considered children as real strength of a nation and foundation of society. On this day, many educational and motivational programs are held across India, by and for children.



#### THE FESTIVAL OF LIGHTS - DIWALI

The Festival of Lights is known as Deepavali (deep - lamp, vali - array). Diwali marks the return of Lord Rama, who was the seventh incarnation of Vishnu, from a fourteenyear exile. The Festival of Lights takes place on the darkest night (the first night of the new moon) in the month of Kartik in the Hindu calendar.

In homes, people light small oil lamps called diyas. It is believed that deceased relatives come back to visit their families on Earth during this festival and the lights are a way to guide the spirits home. The sound of firecrackers exploding is common as the noise is said to drive away evil spirits.



#### **FUN FACTS!!**

Here are some fun facts that will blow your minds!

- The hashtag symbol is technically called an octothorpe.
- The 100 folds in a chef's hat symbolize the number of ways the chef can prepare an egg or a chicken, both of which are very versatile foods
- M&M stands for Mars and Murrie.
- Coca-Cola was the first soft drink in space.
- About 700 grapes go into one bottle of wine.
- If Facebook was a country, it would have 1 billion more people than China.
- Pumpkins, squash, and gourds are all technically the same species.





144/7, Rajiv Gandhi Salai (OMR), Chennai - 600 041 @+91 4466970000 www.luryaahotels.com/chennai www.aitkenspencehotels.com

Arthen Spence Horels

LIFESTYLE

