

*The*  
**NEWSLETTER**

August 2020, Issue 17





# TURYAA CHENNAI



## WEDDING AT YOUR PLACE



## STREET-FOOD TAKEAWAY



## CONTEST ALERT!





As we enter this promising month of August, the month of independence, of our great nation, we have many things to be thankful for. Our culture and traditions that inspires us and mould us; the heroes of our past who have paved the way for development today and the heroes of today, who work day and night to fight a newfound battle of a pandemic. As we move forward in this 'new normal', we are reminded of how blessed we are, to be enjoying life, thanks to our forefathers as well as the superheroes of today.

At Turyaa Chennai 'where life happens', we are all set in the 'new normal' to serve you better. With certified safety procedures in place, we bring you a host of exciting deals and offers!

- We introduce a "Weddings at Home" concept : To enjoy your special day with us taking over your setup and event
- A mouthwatering combo pack of "Street-food Takeaway available on ZOMATO and SWIGGY
- Exciting contests on our social media channels!

Distance is not a factor for when we are a family. We look forward to welcoming our extended family once again, very soon!

Get constant updates on the hotel's activities on our social media channels. Log on to:

-  <https://www.facebook.com/TuryaaChennai/>
-  <https://www.instagram.com/turyaachennai/>
-  <https://www.facebook.com/ASHotelsSrilanka/>
-  <https://www.instagram.com/aitkenhotels/>

## A MESSAGE FROM THE HOTEL

The month of July opened doors to the new normal with prosperity and improvements around the world when it comes to the pandemic.

As we enter the joyous month of August we are delighted to introduce to you, the 17th edition of our newsletter for the month of August 2020. We would like to extend our utmost gratitude to our esteemed guests for your great feed backs about our monthly newsletters.

We are eagerly awaiting your arrival with all safety and precautionary measures in place given COVID-19 implications.

You will be happy to know that we have been highly recognised for new hygiene standards to ensure safety of our guests and staff. We have put our heart and soul in making your safety our biggest priority.

Stay safe and see you soon!



## QUICK MIXED FRUIT PUNCH

A punch that will quench your thirst- A tasty and easy to make quick punch for your family and loved ones.

### Ingredients

- 100ml mixed fruit juice
- 1 scoop vanilla ice cream
- 1 tbsp sugar
- Crushed ice (optional)
- Chopped apple (For crunch)

### Method

- Add all ingredients together and mix well till it is smooth and frothy
- Add the chopped apple to add a crunch to the drink
- Enjoy cold



## CERTIFIED HOTEL FOR SAFETY AND HYGIENE

Turyaa Chennai – has been certified by Bureau Veritas for safety in hygiene and other practices in relation to the mitigation of COVID-19 – becoming the first hotel or resort in India to receive the certification.

Bureau Veritas, a well-known global risk assessment company, reviewed the 140-room city hotel located in the heart of Chennai's IT Corridor. The verification encompassed its extensive health and safety measures and enhanced protocols introduced at the outset of the global outbreak of COVID-19. The process examined all operational aspects of the hotel from guest, staff and supplier touch points to awareness creation and information dissemination.

The certification criteria are based on policies, procedures and resources implemented by the hotel to manage the hygiene and social distancing risks in the current context. The assessment and disclosures were completed in accordance with applicable standards to testing, certification and inspection of businesses.

Turyaa Chennai, along with the portfolio of other Aitken Spence Hotels, is committed to assist national and international objectives and efforts to mitigate the spread of COVID-19. Turyaa Chennai together with Aitken Spence Hotels' other properties in Sri Lanka, Maldives and Oman, devised a risk management procedure for COVID-19 which is in line with the Company's risk management strategy.

Moreover, the blueprint 'SpenceSafe' was prepared to face the anticipated effects of the global pandemic during the short to medium, and long term. The blueprint was shared among Turyaa Chennai's partners and guests, outlining the efforts in place to inspire confidence and travel ([www.turyaachennai.com/spencesafe](http://www.turyaachennai.com/spencesafe)). A safety video can be found on the YouTube channel of Turyaa Chennai.

Turyaa Chennai has also been certified by PARIKSHAN for post- COVID Precautionary Requirements. Turyaa Chennai scored a complete 100% score and A++ grade. PARIKSHAN was founded by Dr. Pasupathy who is the lead expert advisor to Food Safety and Standards Authority of India (FSSAI). They are ranked no. 1 for hygiene rating and training partner in the FSSAI portal and they are the only organisation chosen by FSSAI to conduct COVID-19 response Training. PARIKSHAN is the food safety knowledge partner for FHRAI, SIHRA and other Associations.





# KNOW MORE

## SPECIAL DAYS IN AUGUST 2020

Special days in this joyous month of August

- 1st AUGUST ;- Eid al-Adha / Bakrid
- 7th AUGUST ;- World Beer Day
- 9th AUGUST ;- Quit India Movement
- 12th AUGUST ;- World Youth Day
- 15th AUGUST ;- Indian Independence Day
- 19th AUGUST ;- World Photography Day
- 26th AUGUST ;- Women Equality Day
- 29th AUGUST ;- National Sports Day



## BOOST YOUR IMMUNE SYSTEM NATURALLY.

While there are Myriad tablets available in the market for immune boosting purposes, natural measures seem to work better without any side effects.

- Drink warm water throughout the day.
- Add spices such as turmeric, Cumin, coriander, garlic, etc., to your cooking.
- Golden Milk- Half teaspoon haldi (turmeric) powder in 150 ml hot milk - once or twice a day
- Liquorice Powder is highly recommended with warm water or milk.

## INDEPENDENCE DAY

This is a happy and emotional day for all the children of Mother India, whether living at home or abroad. We remember with gratitude the countless freedom fighters and revolutionaries who struggled, strived and made heroic sacrifices to win us our freedom from colonial rule.

The illustrious generation that led us to freedom did not perceive independence only in terms of transfer of political power. They considered it a stepping stone in a longer and larger process of nation building and national welding. Their objective was to improve the life of each individual, each family and of society as a whole. May those ideals; that urge to learn and to listen and to become better, that curiosity and that fraternalism, always be with us. May it always bless us, and always bless India. Happy 74th Independence Day Mother India!

