



*The*  
**NEWSLETTER**

May 2020, Issue 14

UNTIL  
WE  
MEET  
AGAIN

# TURYAA CHENNAI







## MESSAGE FROM THE HOTEL

This is a time that none of us may have ever predicted. The world is facing an unprecedented challenge, but as with every storm, the silver lining has been the unity and strength of the global community. While we work together to find a solution to flatten the curve for an extended period of time, we are reminded of the otherwise unsung heroes who have bravely taken their place to fight this pandemic night and day – our doctors, health care workers and minor public servants. From Turyaa Chennai, a heartfelt thank you to all those who work tirelessly amidst threats. We would also like to thank the residents across the globe who are contributing by staying indoors and following safety measures.

However, we also believe that we shall come out of it soon. Turyaa Chennai has enhanced the safety and health measures to for the safety of all our guests and staff members. Please refer page 2 for a list of precautions taken by the hotel.

Though you are away from us, we are connected through our hearts. We look forward to welcoming you once again, very soon!

Get constant updates on the hotel's activities on our social media channels. Log on to:

-  : <https://www.facebook.com/TuryaaChennai/>
-  : <https://www.instagram.com/turyaachennai/>
-  : <https://www.facebook.com/ASHotelsSrilanka/>
-  : <https://www.instagram.com/aitkenhotels/>

## A MESSAGE FROM THE GENERAL MANAGER

Arun Raj D. (General Manager)

Here we are in May. The summer is on its run and the lock-down is extended. But, we know it is meant for the good. We are very certain that our patience and faith will not disappoint us.

Meanwhile, I take the moment to thank you all for following the rules and keeping yourself safe during this pandemic. We do miss your lively presence within the hotel. However, we assure you that we will all come out of this together and re-live the good old golden days.

With that, I am pleased to introduced to you our 14th edition of Newsletter for May 2020. I take a moment to thank you all so much for wishing us on our successful completion of one year of newsletter's publication.

Stay at home, stay safe and we hope you find the reading useful from our 14th edition of the newsletter for May. #StayStrong





# ADDITIONAL COLUMN



## DALGONA COFFEE RECIPE

The most trending Korean beverage Dalgona Coffee became popular from the time of lock-down in the year 2020. And, why should it not? It is easy to make and yummy to taste!

Taking the advantage of this lock-down, we suggest an easy recipe to make Dalgona Coffee at home. Our chefs are delighted to share the recipe and we hope that you find it useful. Bet your result will surprise you.

### Ingredients

- 2 tbsp instant coffee or espresso powder
- 2 tbsp sugar
- 2 tbsp very hot water
- 400ml/14fl oz milk

### Method

- Add the instant coffee, sugar and hot water to a medium mixing bowl. Using an electric hand-held mixer, whip the coffee mixture until it is light brown, fluffy and holds stiff peaks when the whisk is removed.
- Heat the milk, if desired, and divide between two heatproof glasses. Spoon dollops of the frothed coffee mixture on top and smooth out with a spoon. Serve..



## MEASURES AT THE HOTEL

- Temperature checks conducted twice a day among all reporting staff members, at the entrance
- Temperature checks performed daily on guests and visitors.
- Temperature checks on all vendors prior to entering premises
- Mandatory Self-Declaration Health Form to be filled by all guests staying at the hotel
- Sanitizers are made available at all entry and exit points of the hotel, and in public areas
- Face masks and thermometers readily available for guests on request.
- Isolation areas have been identified within the hotel and is equipped with the necessary tools for emergencies
- Any staff who is unwell and down with fever or flu symptoms must see a doctor immediately. An unwell staff will not be allowed to return to work without clearance by a professional healthcare worker.
- All team members have undergone holistic training on COVID-19 and related issues. Every morning a briefing is held by the management on the up-to-date updates for close monitoring and measures.
- We practice washing hands regularly. Staff also avoid touching their face, nose, mouth or eyes and self-hygiene levels have been heightened and monitored.
- Good laundry practices are also maintained to contain any spread of virus or infection.
- Every bit of the hotel including the furniture, set items or valuables are disinfected and cleaned regularly.
- Restaurants and staff cafeteria are introduced to specific immune-building food and beverages.
- Practicing more on using protective or disposable gloves and face masks by the kitchen staff when they are handling food preparation.
- Thorough washing and sanitizing of kitchen equipment.

To access the full list please log in to <https://www.turyaachennai.com/>

# KNOW MORE



## SHOW LOVE AND CARE FOR THE NEEDY ONES

COVID-19 has not just affected the humans but also many other living creatures like animals. Fear of catching the virus, many pet owners have been abandoning their pets. The World Health Organisation (WHO) states that the virus is not transmitted by animals.

We request you to not give in to such fears and not abandon your pets. We kindly ask you to care for a less fortunate stray during this period and to spread your kindness and joy to all.

## FUN THINGS TO DO DURING THE LOCKDOWN

- Look out for places to travel next
- Start a journal or blog
- Complete a puzzle
- Write poetry or read a new book.
- Download Duolingo, or a similar app, and teach yourself a foreign language.
- Take on a new hobby
- Meditate
- Watch series/movies on Netflix or Prime.
- Learn something new to do through YouTube tutorials.



## IMPORTANT DATES

- 01 May -International Labour Day
- 01 May -World Asthma Day
- 03 May -World Press Freedom Day
- 08 May -World Red Cross Day
- 11 May -National Technology Day
- 12 May -International Nurses Day
- 15 May -International Day of Families
- 17 May -World Hypertension Day
- 17 May -International Day Against Homophobia, Transphobia and Biphobia
- 17 May -World Telecommunication and Information Society Day
- 18 May -International Museum Day
- 22 May -International Day for Biological Diversity
- 31 May -Anti-Tobacco Day