

The NEWSLETTER

TURYAA CHENNAI



"BOOKS ARE THE MEANS BY WHICH WE BUILD BRIDGES BETWEEN CULTURES."
--DR.SARVEPALLI RADHAKRISHNAN

• I S S U E - 6 -
S E P T E M B E R 2 0 1 9 •

144/7, Rajiv Gandhi Salai (OMR), Chennai - 600 041
@+91 4466970000
www.turyaahotels.com/chennai
www.aitkenspencehotels.com

Dear Guest,

So here we are, in the beautiful month of September with our sixth issue of newsletter!! There is a lot that we barely know about September, like how it was originally the seventh of ten months in the oldest known Roman calendar or for a fact that September was called "harvest month" in Charlemagne's calendar. The month coming with such interesting facts, here are our very own interesting tidbits for you to enjoy!

As you find yourself indulging with this newsletter, I hope is that you find it useful and informative and help enhance your lifestyle.

As always, your feedback would be much appreciated to cater better to you.

Happy reading!

Yours truly,
Arun Raj D. (General Manager)



IRENE, TURYAA CHENNAI'S
SINGER

@ Live band performance, Turyaa Chennai

Musically yours! Turyaa Chennai is bringing some musical talent to keep your evenings melodious. Introducing our latest addition to the talent pool, Irene who will serenade you from Tuesday to Sunday from 7.30 p.m onwards.

For more info call @ +91 8012792621

Thattukadai Street Food Festival @ Rooftop

Remember the good old days when you roamed the streets to indulge in street food? Recreating the delicious experience with our kitchen team right on the rooftop, overlooking the Chennai streets. Make a date and enjoy some mouthwatering nibbles!

Starting from 16th to the 30th of September at 07:00 pm to 10:30 pm. For more info call @ +91 8012792621



Thattukadai Street Food Festival
@Turyaa Chennai



Plan your dream wedding with us!!

It takes as much energy to dream as it does to plan a wedding, whilst Turyaa Chennai makes this dream come true. Our dedicated professional wedding planners are destined to plan all your needs right from the food, wedding cake, flower décor to valet parking, etc. Be the inviting host and celebrate the event to the fullest while we carry out all your responsibilities and handle it the way you would desire. Turyaa Chennai creates memories that one would cherish the rest of their lives.

For inquiry call @ +91 7358032226



DID YOU KNOW??

Aitken Spence Management was founded in the year 1868 by Patrick Gordon Spence, Thomas Clark, Edward Aitken and S.R. Aitken. It constitutes large number of subsidiaries including hotel industries.



Seb Shah Smoothie

INGREDIENTS:

- 1 large apple, peeled, cored and chopped
- 1/2 cup milk
- 1 teaspoon honey or sugar
- 1 1/2 tsp white sugar
- 1/3 cup vanilla or plain yogurt
- 5 almonds or 1 tbs almond powder (optional)
- A dash of ground cinnamon (optional)

METHOD:

- Peel and cut the apple in to large chunks.
- Add the chunks of apple and almonds in a blender.
- Add milk, yogurt and honey.
- Blend until smooth and there are no chunks of fruit.
- Pour prepared smoothie into a chilled serving glass and sprinkle cinnamon over it. Drink it immediately for better taste as it could turn brown within half an hour.

INDULGE YOURSELF IN SMOOTH AND SILKY SMOOTHIE DESSERT FOR SWEET AND COOL ENDING OF MEAL.



A R Rahman Hits
Live Concert @Chepauk

Date : 22/09/2019 (Sunday)
Time : 06:05 p.m
Venue : University Centenary Auditorium A/c, Chepauk, Chennai-600 005
Duration : 4 Hours
Language : Tamil
Cast & Crew : Padma Bhushan Dr.S.P.Balasubrahmaniam & six leading playback singers with Lakshman Shruthi. 100% manual orchestra

For tickets contact: @9884152200 or log on to www.bookmyshow.com



Pedal For A Cause
Led by X-Factor Cycling Community along with Track and Trail, Rajakilpakkam, join in the fun ride with like-minded paddlers. Just bring your bikes.

Date : 29/09/2019 (Sunday)
Timing: 05.00 am
Venue : Track and Trail- 2nd Bhajanai Koil St, Maruthi Nagar, Mahalakshmi Nagar, Sembakkam, Chennai, Tamil Nadu 600073
Note :• For your safety, we require that you have a light on the front of your bike and wear a Helmet.
• Pitstops are available at every U-turn.

For bookings:<https://www.townscript.com/e/pedal-for-a-cause-143424>



Health Tips
Foods that can help you fight Flu

<ul style="list-style-type: none">• Broth• Chicken soup• Garlic• Yogurt• Vitamin-C (containing fruits)• Leafy greens• Broccoli• Oatmeal• Spices	<p>Also:</p> <ul style="list-style-type: none">• Ginger tea• Herbal tea with honey• Honey and lemon tea• Fruit juices <p>What to avoid:</p> <ul style="list-style-type: none">• Alcohol.• Caffeinated beverages.• Processed food.
---	--



'Onam' the Festival of Kerala
Onam is a Hindu festival celebrated by the Malayali people of Kerala, India. Originally a harvest festival, it is the state festival of Kerala.

The festival lasts 10 days with declared official state holidays on three to four days starting from Onam Eve (Uthradom). This year, the festival celebrated from 1 to 13 of September and falls during the Malayalam month of Chingam (which usually falls in August or September) and marks the annual homecoming of the mythical King Mahabali who the Malayalees consider as their King.

Movie Masala

Hollywood



IT Chapter Two
Releasing on 6th September 2019

Bollywood



Jhund
Releasing on 20th September 2019

Kollywood



Kaappaan
Releasing on 20th September 2019

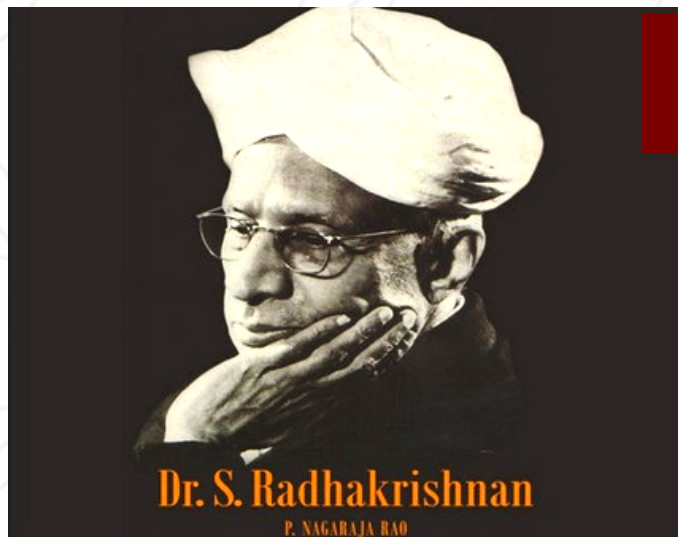
Movie Of the August Month

Nerkonda Paarvai



CITY BUZZ

Find what's happening around the city..!!!



September 5: A Day to Celebrate Teachers

Teacher's Day in India is celebrated every year on 5 September to honor the contributions made by teachers in our study, society, and country. The date is dedicated to the birth anniversary of Dr. Sarvapalli Radhakrishnan.

Dr. Radhakrishnan was highly devoted towards education and well known as the scholar, diplomat, President of India and most importantly, a teacher. The legend requested that society not celebrate his birthday but instead, to mark this day as a celebration of all teachers.

"The end-product of education should be a free creative man, who can battle against historical circumstances and adversities of nature."

-Dr. Sarvapalli Radhakrishnan

Chennai Runners 12@12 Midnight Run

12@12 is one-of-a-kind running event where running is going to be a fun, exciting and thrilling party than just being a marathon. Conducted by Chennai Runners chapters CR's Bessie Flyers & Coastal Runners, join in this one-of-a-kind party organized to encourage leisurely night fitness.

Date : 21/09/2019 (Saturday night)
Time : 10:00 pm - 02:00 am
Venue : Olcott Memorial High School, Besant Avenue, Besant Nagar, Chennai, Tamil Nadu 600090
Start Time : 6 kilometers & 12 kilometers: 12:00am - midnight

For bookings : <https://www.townscript.com/e/crmr2019>





YOU CAN BECOME A LIFE SAVING DONOR OR HELP US TO REGISTER DONORS!



Scan to Donate Money



Online payment



<http://datri.org/donate-now>

Datri Blood Stem Cell Donors Registry

Datri is the pioneer in Blood Stem Cell Donation and is India's largest registry. However, there are hundreds of patients waiting to find a donor. Blood Stem Cell Transplant can only be performed between an HLA matched donor and patient. We need your support to add more donors to the registry to support more patients.

You can support Datri by, Register as a potential blood Stem Cell Donor and become a potential lifesaver. Follow the link to register <https://datri.org/join/>

or

Sponsor HLA for a donor at a sum of your choice.

All the money donated to DATRI is eligible for tax exemption under Sec 80G of IT Act. Visit DATRI.org to know more.