F&H Chef Recipe

BailesIrsh Crème

Bailey's Irish Crème Brule with maple Kalua Sauce

INGREDIENTS

Cooking cream -250gm

Castor Sugar -65gm

Egg yolk -5no

Egg white -1no

Milk -50ml

Vanilla ess -5ml

Bailey's - 30ml

Brown Sugar -50gm

METHOD

- 1. Boil the cream and milk.
- 2. Separately mix in the yolk.
- 3. Whole egg and sugar.
- 4. Cold cream and milk that time slowly mix the egg yolk and beat them along the egg white.
- 5. Baked at double boiling method at 220 degrees for 40 minutes.



Neelamegan **Pastry Chef** Turyaa Chennai