



turyaa
CHENNAI

SPA MENU

AALASYA SIGNATURE THERAPIES

(Comfort Zone - Italy)

AROMASOUL RITUALA (RENEW - NOURISH)

A unique renewing and revitalizing body scrub for smooth, soft skin, enhanced with your chosen essential oil blend, ensuring nourishment and radiance for your skin. It bestows nourishment, youth and splendour to all types of Skin conditions. Inspiration is taken from different massage techniques to create a complete sensorial voyage of discovery and vitality. Each journey begins with your choice of essential oil blend.

90 MINUTES - ₹6000

BAGNI DI PISA

Body Strategist Deep Renewal treatment is a smoothing, renewing and regenerating treatment for restored tone, elasticity and hydration. An ideal treatment for skin that needs moisture and elasticity, and for those who want to contrast stretchmarks. With a regenerating and revitalizing action, the skin is left soft, silky and compact

120 MINUTES - ₹8000

CALMING

This hydrating spa treatment revitalizes your body with essential minerals, soothes & detoxifies body for a healthy balanced skin. Techniques approach using spiral movements let one to sound sleep

(Exfoliation- 30min / Soothing massage - 60min /
Body Wrap - 30 min)

120 MINUTES - ₹6000



RELAX & REVIVE

*TERMS AND CONDITIONS APPLY
*18% GST AS APPLICABLE TAX

VITALITY

This treatment exclusively designed for deep tissue massage treatment as it is infused with essential oils of several spices that help relieve muscle aches and tension, it is a complete purifying and relax treatment, This sculpting massage evokes a floating sensation, allowing one self to 'let go' almost immediately

(Exfoliation- 30min / Soothing massage - 60min /
Body Wrap - 30 min)

120 MINUTES - ₹6000

CLARITY

While regular skin cleansing is clearly beneficial, exfoliating your body on a regular basis can improve the results of your skin care routine and help rejuvenate your skin. Whether you have dry, normal, oily or sensitive skin, exfoliation can bring new life to your complexion.

(Choice of scrubs - Island Coffee and salt scrub , Sugar honey scrub)

45 MINUTES - ₹2500

REUENATING AQUA BATH

A relaxing effervescent bath sugar that turns opalescent when added to bath water. Its soft, powdery fragrance with base notes of musk, enveloping amber and pathouli, invites you on an egyptian voyage while marine chlorella moisturises and nourishes

30 MINUTES - ₹2000

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AALASYA MASSAGE THERAPIES

ANXIETY RELIEF

A stimulating treatment using firming and toning sesame oils to reduce the appearance of cellulite, uneven skin tone and fluid retention. Detoxifying techniques are used to drain toxins and stagnation out of the body, boosting circulation and the flow of energy

60 / 90 MIN - ₹3500 /4500

PAIN RELIEF

A deep oil based treatment to ease muscle tension and reawaken your senses, performing techniques to lift connective tissue and improve blood flow to stagnant skin and muscles

60 / 90 MIN - ₹4000 /5000

IMMUNITY BOSTER

This involves a gentle synchronized massage that is employed on the whole body using medicated oils to Increase vitality, reduced stress and relaxation with higher blood circulation, especially in the nerve ending, boosting the immune system replenishing the body's energy

60 / 90 MIN - ₹3000 /4000

YOGA STRESS RELIEF

Traditional Thai Massage uses no oils or lotions, and the recipient remains clothed during a treatment. The body is compressed, pulled, stretched and rocked on order to clear energy blockages and relieve tension

60 / 90 MIN - ₹3500 /4000

THAI FOOT REFLEXOLOGY

Thai foot reflexology is a relaxing gentle foot massage. Sensitive, trained hands detect imbalances in the body. By working on these points, tensions are eased in the whole body. Foot reflexology can bring balance when constipation is an issue and can improve blood circulation in the feet and throughout the body

30 / 60 MIN - ₹1500 /2300



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SIGNATURE MASSAGE

Reawaken the body and mind with this energizing treatment combining thai massage techniques incorporating pressure point technique with invigorating movements to warm and relax muscles. The massages promotes harmony by relieving muscular tension, improving circulation

60 / 90 MIN - ₹5000 / 6000

COUPLE SPA - FUSION MASSAGE

Share the memory of sublime relaxation with our signature couples Wellness Fusion Massage. Designed to inspire a renewed sense of wellbeing while releasing .stretches and expert techniques to your areas of most concern. Using light to medium pressure and gentle transitions to warm and relax muscles, this massage eases tension, improves circulation and inspires a sense of increased mobility

60 / 90 MIN - ₹6000 / 7500

COUPLE BLISS

Love is a necessary factor for a strong and fulfilling relationship but not enough. Therapy creates a safe and conducive space for individuals to communicate, opportunity to heal, build and thrive. It helps one explore and understand the importance of self healing of mind and soul. Our signature therapies melt you away in relaxing massage and nourishing with exotic scrubs following with romantic dip into pressure point water therapy.

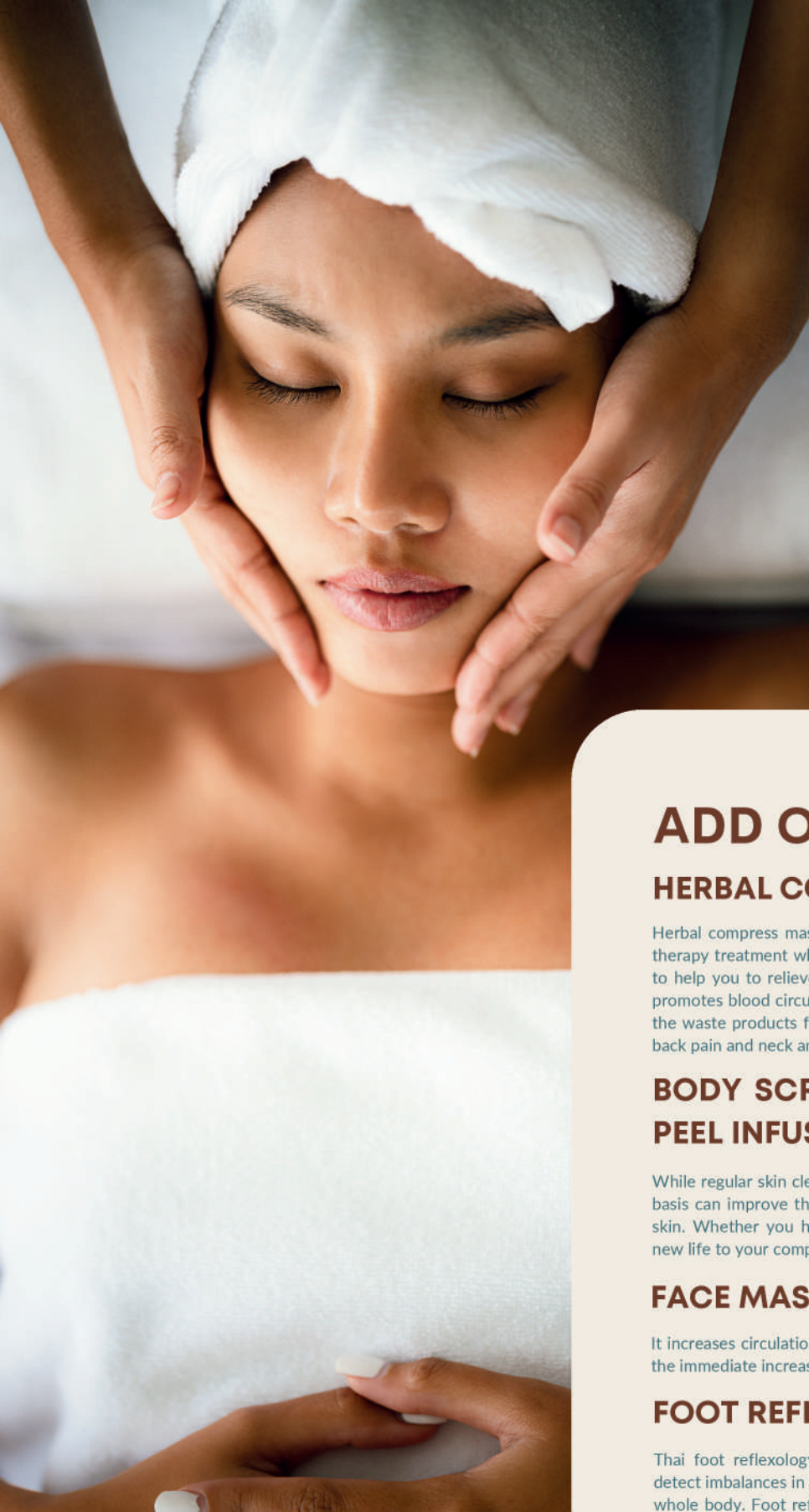
(Exfoliation - 30min / Soothing massage - 60min / Jacuzzi - 30 min)

120 MIN - ₹10,000



RELAX & REVIVE

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RELAX & REVIVE

ADD ON BLISS @ 999

HERBAL COMPRESSION

Herbal compress massage, which originated in Thailand, is the type of alternative therapy treatment which is applied on your soft tissues such as muscles and fascia to help you to relieve the stress, improve your sleep, improve general well-being, promotes blood circulation, stimulate the lymphatic system which helps to remove the waste products from your body and manage pain including non-specific lower back pain and neck and shoulder pains and aches.

BODY SCRUB (ROSE SCRUB , ORANGE PEEL INFUSED TEA SCRUB)

While regular skin cleansing is clearly beneficial, exfoliating your body on a regular basis can improve the results of your skin care routine and help rejuvenate your skin. Whether you have dry, normal, oily or sensitive skin, exfoliation can bring new life to your complexion.

FACE MASSAGE

It increases circulation to your facial tissue, resulting in brighter and youthful skin, the immediate increase in oxygen flow will awaken the skin

FOOT REFLEXOLOGY

Thai foot reflexology is a relaxing gentle foot massage. Sensitive, trained hands detect imbalances in the body. By working on these points, tensions are eased in the whole body. Foot reflexology can bring balance when constipation is an issue and can improve blood circulation in the feet and throughout the body.

FACE CLEANSING

This treatment helps in instant tan removal and skin polishing . it rejuvenates dull, tired, sluggish skin and brings instant glow on face. It counters problems related to cellular skin damage and helps the self healing of the skin.

BODY MASK - MARINE CLAY MASK

Body wrap treatment helps you to pull out toxins, get a tighten look, reduce cellulite, eliminate dead skin, remove adipose fat tissue which will leave you the skin with a smoother and softer appearance

Indulge in our relaxing spa treatments and rejuvenate your mind, body and soul.

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MEN'S HAIR CARE

Hair cut		₹800
Change of style		₹1500
Beard trim		₹500
Beard styles		₹800
Global coloring (Ammonia)		₹2000
Global coloring (Non - Ammonia)		₹2500
Kids cut		₹600
Beard color		₹500
Mustache color		₹300
Shampoo & conditioning		₹300
Shave		₹400

WOMEN'S HAIR CARE

Basic hair styles		₹1000
Change of style		₹1500
Ironing (short)		₹1500
Ironing (medium)		₹2000
Ironing (Long)		₹2500
Ironing (Extra Long)		₹3000
Blow dry curls		₹1200
Shampoo & conditioning (only hair dry)		₹1000
Global colour (Ammonia)		₹5000
Global colour (Non - Ammonia)		₹6000
Root touch up (Ammonia)		₹2000
Root touch up (Non - Ammonia)		₹2500



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THREADING

Eyebrows	₹150
Forehead	₹100
Upperlip	₹70
Chin	₹70

HAIR SPA (TREATMENT)

Hairspa (short)	₹4000
Hairspa (medium)	₹5000
Hairspa (long)	₹6000
Hairspa (Extra Long)	₹7000

HAIR SPA (NOURISHING)

Hairspa (short)	₹3000
Hairspa (medium)	₹4000
Hairspa (long)	₹5000
Hairspa (Extra Long)	₹6000

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RICE WAX

Upper lip		₹150
Chin		₹150
Full face		₹300
Under arms		₹200
Full arms		₹800
Half leg		₹1000
Full leg-		₹1600
Full back/ midriff		₹1100/900
Full body		₹3000



HONEY WAX

Upper lip		₹100
Chin		₹100
Full face		₹200
Under arms		₹300
Full arms		₹600
Half leg		₹800
Full leg-		₹1400
Full back/ midriff		₹900/800
Full body		₹2500

AALASYA SIGNATURE FACIALS

O3 Facial	₹4000
Skin Brightening	₹3500
De Tan	₹1500
Face Cleanup	₹1000
Face Mask	₹1000